

Arts & Crafts Workshop:

Olympic Medals

Duration: 30 minutes

Target group: Children aged 6–12 years

Material:

- Paper and cardboard
- Paper foil (red and gold)
- Glue
- Scissors for children and adults
- Coloured pencils, felts, permanent markers
- Stapler and punch
- Cords
- Stencils for: medal; wings; flame; torch; laurel wreath
- An example of the Olympic rings (to be copied)
- A finished medal to show
- Reference materials on Olympic medals.

Facilitators: 2–3

Overview

Participants create a replica of an Olympic medal of their choice.
This workshop allows talking about Olympic medals and their symbolism.

Instructions

Prior to the workshop

- Get familiar with Olympic medals and their particularities (see annexed extract of The Olympic Museum publication “The Main Olympic Topics” on the rewards (medals) and find pictures of Olympic medals in books or on the Internet).
- Prepare the stencils.

At the workshop

- Introduce the Olympic medals: what they are / Winter Games and Summer Games medals, etc.; what they look like (show pictures of different medals).
- Show an example of a handmade medal.
- Explain the procedure:
 1. Draw two circles on a paperboard and cut them.
 2. Glue them together and cover them, if wanted, with foil paper.
 3. Decorate the medal (reproducing an existing model or making one up).
 4. Make a hole and hang the medal on the cord.
- When everybody has finished their medal, why not simulate a medal ceremony or take a picture of the children wearing their medals with an Olympic Games themed background? Maybe you or your participants can come up with other ideas!